



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|---|---|--|--|--|---|
| <p>1</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Bake cookies 12:30pm Lunch Time 2:00pm Visit with Rin 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>2</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Get to Know Me 12:30pm Lunch Time 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>3</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Keeping Connected: Visiting TC Social Singing 12:00pm Creative Expression 12:30pm Lunch Time 2:00pm Visit with Karen P and Jackie W 2:30pm Transition Time 5:30pm Dinner Time 6:00pm Visit with Lear and Wanda 7:00pm Kick Back and Relax</p> | <p>4</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:15am Visit with Lorraine Cognitive Activities 12:00pm Creative Expression 12:00pm Visit with Sierra and Kim 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 2:30pm Create a Snack with Dietary 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>5</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Visit With Regina Manicures 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>6</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 10:30am Visit with Karen C and Cassandra Read Out Loud 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jodie 2:30pm Transition Time 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>7</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression One on Ones 12:30pm Lunch Time 2:30pm Transition Time 4:30pm Visit with Angel 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | |
| <p>8</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Spiritual Time 12:30pm Lunch Time 2:00pm Visit with Rin 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>9</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Columbus Day 12:30pm Lunch Time 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>10</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Keeping Connected: Visiting TC Social Singing 12:00pm Creative Expression 12:30pm Lunch Time 2:00pm Visit with Karen P and Jackie W 2:30pm Transition Time 5:30pm Dinner Time 6:00pm Visit with Lear and Wanda 7:00pm Kick Back and Relax</p> | <p>11</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:15am Visit with Lorraine Cognitive Activities 12:00pm Creative Expression 12:00pm Visit with Sierra and Kim 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Create a Snack with Dietary 2:30pm Transition Time 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>12</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Visit With Regina Manicures 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>13</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 10:30am Visit with Karen C and Cassandra Read Out Loud 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jodie 2:30pm Transition Time 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>14</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Universal Music Day 12:30pm Lunch Time 2:30pm Transition Time 4:30pm Visit with Angel 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | |
| <p>15</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression I Love Lucy Day 12:30pm Lunch Time 2:00pm Visit with Rin 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>16</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Boss's Day 12:30pm Lunch Time 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>17</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Keeping Connected: Visiting TC Social Singing 12:00pm Creative Expression 12:30pm Lunch Time 2:00pm Visit with Karen P and Jackie W 2:30pm Transition Time 5:30pm Dinner Time 6:00pm Visit with Lear and Wanda 7:00pm Kick Back and Relax</p> | <p>18</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:15am Visit with Lorraine Chocolate Cupcake Day 12:00pm Creative Expression 12:00pm Visit with Sierra and Kim 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 2:30pm Create a Snack with Dietary 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>19</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Visit With Regina Manicures 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>20</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 10:30am Visit with Karen C and Cassandra Read Out Loud 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jodie 2:30pm Transition Time 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>21</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression One on Ones 12:30pm Lunch Time 2:30pm Transition Time 4:30pm Visit with Angel 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> <p>1:1 Time</p> | |
| <p>22</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Spiritual Time 12:30pm Lunch Time 2:00pm Visit with Rin 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>23</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Get to Know Me 12:30pm Lunch Time 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>24</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Keeping Connected: Visiting TC Social Singing 12:00pm Creative Expression 12:30pm Lunch Time 2:00pm Visit with Karen P and Jackie W 2:30pm Transition Time 5:30pm Dinner Time 6:00pm Visit with Lear and Wanda 7:00pm Kick Back and Relax</p> | <p>25</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:15am Visit with Lorraine International Artist Day 12:00pm Creative Expression 12:00pm Visit with Sierra and Kim 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 2:30pm Create a Snack with Dietary 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>26</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Visit With Regina Manicures 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jackie L and Kia 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>27</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 10:30am Visit with Karen C and Cassandra Navy Day 12:00pm Creative Expression 12:30pm Lunch Time 1:30pm Visit with Jodie 2:30pm Transition Time 4:30pm Visit with Theresa 5:30pm Dinner Time 7:00pm Kick Back and Relax</p>  | <p>28</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression One on Ones 12:30pm Lunch Time 2:30pm Transition Time 4:30pm Visit with Angel 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | |
| <p>29</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Bake cookies 12:30pm Lunch Time 2:00pm Visit with Rin 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>30</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 12:00pm Creative Expression Get to Know Me 12:30pm Lunch Time 2:30pm Transition Time 5:30pm Dinner Time 7:00pm Kick Back and Relax</p> | <p>31</p> <p>7:00am Gentle Waking 8:30am Breakfast Time 9:30am Active Living 11:00am Keeping Connected: Visiting TC Social Singing; Happy Halloween 12:00pm Creative Expression 12:30pm Lunch Time 2:00pm Visit with Karen P and Jackie W 2:30pm Transition Time 5:30pm Dinner Time 6:00pm Visit with Lear and Wanda 7:00pm Kick Back and Relax</p> |  | | | <p>OCTOBER IS:</p> <ul style="list-style-type: none"> - BREAST CANCER AWARENESS - VEGETARIAN AWARENESS - CLERGY APPRECIATION - DISABILITY EMPLOYMENT AWARENESS - COOKIE MONTH - CARAMEL MONTH - PRETZEL MONTH |  |

“Rather than trying to bring the person living with dementia back to reality, why not try to enter their reality.”

Bob DeMarco, AlzheimersReadingRoom.com

